November 2024 | GONZALES NORTH AVENUE

Monday

Tuesday

Wednesday

Thursday

Friday

Carrots

Season in Texas: August - May Did you know?

You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods 1 Cereal/Goldfish Pretzel **Lunch Entrees:**

Grilled Ham & Cheese, Meatball Sub, PB&J, Pizza, Max Sticks, Cheeseburger, Crispitos, General TSO's

4 Cereal/Cheez-Its Lunch Entrees: Breaded Chicken, Steak Fingers, Turkey w/Gravy, Crispitos, Pizza, Hot Pocket, Corn Dog, Chicken Nuggets, Cheeseburger

5 Pancake On A Stick Lunch Entrees: Crispy Beef Tacos, Chicken Quesadilla, Pizza, Max Sticks, Cheesy Pull-Aparts, Cheeseburger, Corn Dog, Dill Chix, Chunks or Nuggets

6 Breakfast Pizza Lunch Entrees General Tso's w/Rice, Lasagna, Garlic Knot, PB&J, Pizza, Chicken Sandwich, Chicken Bites, Cheeseburger

7 French Toast Sticks Lunch Entrees: Beef Nachos, Beef Quesadilla, Max Sticks, Pizza, Dill Bites Steak Fingers, Chicken Bites, Cheeseburger, Chicken Tenders, Chicken Nuggets

Cereal/Dino Bites SACK LUNCH EARLY RELEASE

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NO SCHOOL

Honey Bun

3rd Grade Thanksgiving Luncheon

Cheeseburger Sack Lunch (4th & 5th Grades)

13 Blueberry Muffin Top

4th Grade Thanksgiving Luncheon

Max Sticks Sack Lunch (3rd & 5th Grades)

14 Concha

> 5th Grade Thanksgiving Luncheon

Chicken Sandwich Sack Lunch (3rd & 4th Grades)

15 Cereal/Goldfish **Lunch Entrees:**

Hot Wings, Rib On A Bun, PB&J, Pizza, Max Sticks, Cheeseburger, Crispitos. General TSO's

18 Cereal/Pop Tart Lunch Entrees: Philly Cheese Sloppy Joe's, Steakfingers, Chicken Parmesan w/Ziti, Pizza, Max Sticks, Corn Dog Cheeseburger, Chicken

19 Sausage & Egg Sandwich Lunch Entrees: Enchilada Casserole, Burrito Grande, Pizza, Max Sticks, Pull Aparts Cheeseburger, Corn Dog, Assorted Chicken Sandwich, Crispitos, Assorted

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12

20 Breakfast Pizza

27

Lunch Entrees: Sweet & Sour Chicken w/Rice, Chicken Parmesan, PB&J, Pizza. Chicken Sandwich, Cheeseburger

21 Mini-Pancakes Lunch Entrees: Beef Nachos, Chicken Alfredo, Pizza Cheeseburger, Max Sticks. Chicken Tenders, Steakfingers

HAPPY THANKSGIVING **22** Cereal/Goldfish Pretzel **Lunch Entrees:**

Grilled Ham & Cheese, Meatball Sub. PB&J. Pizza. Max Sticks, Cheeseburger, Crispitos, General TSO's

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NOTICE***



Announcements:

Every day all GISD students can eat a FREE **BREAKFAST AND A** FREE LUNCH. BREAKFAST: Breakfast is served in the **CLASSROOM.** Daily grain entrée options, fruit, fruit cups and or fruit juice, FF Chocolate or 1% white milk available daily. LUNCH is served in the **CAFETERIA**. Multiple daily Main Line lunch entrée choices, multiple snack line entrees, vegetables, burger fixings, house side salad, fruits/fruit slush, fruit juice (HS), grains, sauces or gravies, FF Chocolate or 1% white milk and condiments are available daily. Seasonal fruits may be offered. New Item: Mac & Cheese (Mon & Fri) ***MENUS SUBJECT TO **CHANGE WITHOUT**



TEXAS DEPARTMENT OF AGRICULTURE **COMMISSIONER SID MILLER**

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Food and Nutrition Division www.SquareMeals.org