

February 2025 | GONZALES HIGH SCHOOL



Announcements:

Every day all GISD students can eat a **FREE BREAKFAST AND A FREE LUNCH. BREAKFAST: Breakfast is served in the CAFETERIA.** Daily grain entrée options, fruit, fruit cups and or fruit juice, FF Chocolate or 1% white milk available daily. **LUNCH is served in the CAFETERIA.** Multiple daily Main Line lunch entrée choices, multiple snack line entrees, vegetables, burger fixings, house side salad, fruits/fruit slush, fruit juice, grains, sauces or gravies, FF Chocolate or 1% white milk and condiments are available daily. Seasonal fruits may be offered

*****HS MENUS MAY VARY AND ARE SUBJECT TO CHANGE WITHOUT NOTICE*****



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 <i>Pig In Blanket & Options</i> Lunch Entrees: Chicken Fried Steak, Breaded Chicken, Pizza, Crisпитos, Chicken Hot Wings, Corn Dog, Cheeseburger, Pop Corn | 4 <i>French Toast Stks & Options</i> Lunch Entrees: Taco Pasta, Tamales, Pizza, Max Sticks, Hot Pocket, Corn Dog, Chicken Tenders, Cheeseburger | 5 <i>Pancake On Stick & Options</i> Lunch Entrees: Orange Chicken w/Rice, Spaghetti w/Meat Sauce, Pizza, Chix Sandwich, Bacon Double Cheeseburger, Chix Nuggets, General Tso's, Baked Potato | 6 <i>BK Pizza & Options</i> Lunch Entrees: Walking Nachos, Hot Dog, w/wo Chili & Cheese, Pizza, Cheeseburger, Max Sticks, Chicken Tenders, Steakfingers | 7 <i>Sausage & Egg Waffle Sand w/ fruit</i> Lunch Entrees: Chicken Hot Wings, Grilled Ham & Cheese Sandwich, Pizza, Max Sticks, Crisпитos Cheeseburger, Dill Chicken, Flamas Nachos |
| 10 <i>Pig In Blanket & Options</i> Lunch Entrees: Meatloaf, Steakfingers, Breaded Chicken, Pizza, Crisпитos, Pull Aparts, Hot Wings, Max Sticks, Cheeseburger, Popcorn Chicken | 11 <i>French Toast Stks & Options</i> Lunch Entrees: Enchilada Casserole, Burrito Super Grande, Pizza, Max Sticks, Hot Pocket, Corn dog, Cheeseburger, Spicy & Regular Chicken Tenders | 12 <i>Lunch Entrees:</i> Chicken Parmesan w Bake Ziti, Sweet & Sour Chicken, Pizza, Chicken Sandwich, Chix Nuggets, Baked Potato, General Tso's, Bacon Double Cheeseburger | 13 NO SCHOOL | 14 NO SCHOOL |
| 17 <i>Pig In Blanket & Options</i> Lunch Entrees: Steakfingers, Breaded Chicken, Crisпитos, Chicken Hot Wings, Pizza, Popcorn Chicken, Cheeseburger | 18 <i>French Toast Stks & Options</i> Lunch Entrees: Cheese Enchiladas, Chicken Quesadilla, Pizza, Hot Pockets, Max Sticks, Corn Dog, Cheeseburger, Spicy & Regular Chicken Tenders | 19 <i>Pancake On Stick & Options</i> Lunch Entrees: General Tso's w/Rice, Lasagna, Pizza, Baked Potato, Chicken Sandwich, Chix Chunks, Bacon Double Cheeseburger, General Tso's, Baked Potato | 20 <i>BK Pizza & Options</i> Lunch Entrees: Beef Nachos, Beef Quesadilla Pizza, Max Sticks, Spicy & Regular Chicken Tenders, Cheeseburger, Steakfingers | 21 <i>Sausage & Egg Waffle Sand w/ fruit</i> Lunch Entrees: Chicken Hot Wings, 10" Sub, Chopped BBQ Sand. Pizza, Max Sticks, Cheeseburger, Crisпитos, Flamas Nachos, Dill Chunks |
| 24 <i>Pig In Blanket</i> Lunch Entrees: Breaded Chicken, Baked Potato w Brisket, Pizza Crisпитos, Chicken Hot Wings, Popcorn Chicken, Cheeseburger | 25 <i>French Toast Stks & Options</i> Lunch Entrees: Chicken Quesadilla, Crispy Tacos, Pizza, Max Sticks, Hot Pockets, Corn Dog, Cheeseburger, Regular & Spicy Chicken Tenders | 26 <i>Pancake On Stick & Options</i> Lunch Entrees: Orange Chicken w/Rice, Spaghetti w/Meat Sauce, Pizza, Baked Potato, Chicken Sandwich, General Tso's, Chunks, Double Bacon Cheeseburger | 27 <i>BK Pizza & Options</i> Lunch Entrees: Walking Nachos, Chicken Alfredo, Pizza, Max Sticks, Cheeseburger, Spicy & Regular Chicken Tenders, Steakfingers | 28 NO SCHOOL |



Beets

Season in Texas: January - March; September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
www.SquareMeals.org

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 National School Lunch Program