

Gonzales High School – Gonzales Junior High – Gonzales North Avenue

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

3

4

5

6

9

NO SCHOOL

10

Pancake On Stick or Breakfast Croissant

Lunch Entrees:

Beef Tamales, Pepper Jack Enchiladas, Cheeseburger, Hot Pockets, Corn Dog, Chicken Bites, Pizza, Spicy Chicken Tenders

11

Tamales or French Toast Sticks

Lunch Entrees:

Baked Potato or Orange Chicken w/Rice, Cheeseburger, Pizza, Hot Pocket, Chicken Sandwiches, Chicken Nuggets, Mega Minis (HS)

12

Breakfast Taco Variety Lunch Entrees:

Beef Nachos, Hot Dogs w/Chili Cheese, Cheeseburger, Totally Tacos, Spicy Chicken Tenders, Dill Bites, Mega Minis (HS & JH)

13

Breakfast Pizza Lunch Entrees:

Mango-Habanero Meatball Sub w/Chips, Chicken/Ham Sliders w/Chips, Pizza, Crisпитos Cheeseburger, Max Sticks, Chicken Bites, Breaded Chicken

16

**MARTIN LUTHER KING DAY
NO SCHOOL**

17

Pancake On Stick or Breakfast Croissant

Lunch Entrees:

Chicken Flatbread Quesadilla, Enchilada Casserole, Cheeseburger Hot Pockets, Pizza, Spicy Chicken Tenders, Dill Bites, **Popcorn Bowl**

18

Tamales or French Toast Stks

Lunch Entrees:

Spaghetti, General Tso's w/Rice Cheeseburger, Spicy & Regular Chicken Sandwiches, Pizza, Cheeseburger, Spicy & Regular Chicken Tenders, Chicken Bites

19

Breakfast Taco Variety Lunch Entrees:

Beef Nachos or Chicken Alfredo Cheeseburger, Totally Tacos, Max Sticks, Pizza, Mega Minis (HS & JH), Steak fingers (JH & HS), Chicken Tenders (NA)

20

Breakfast Pizza, or Sausage & Lunch Entrees:

Grilled Ham & Cheese w/Chips, Rib Sandwich/Chips, Philly Steak Sub w/Chips (HS) Pizza, Crisпитos Cheeseburger, Max Sticks, Chicken Bites, Spicy Breaded Chicken (HS)

23

Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito

Lunch Entrees: Chicken Parmesan w/Ziti, Chicken Fried Steak, Spicy Breaded Chicken (HS), Hot Wings (HS) Cheeseburger, Burrito, Pizza Chicken Bites, Chicken Tenders

24

Pancake On A Stick, or Breakfast Croissant

Lunch Entrees:

Frito Pie, Crispy Beef Tacos, Pizza, Max Sticks, Cheeseburger, Hot Pocket, Dill Chicken, Chicken Nuggets (JH & NA), Mega Minis(HS)

25

Tamales or French Toast Sticks

Lunch Entrees:

Sweet & Sour Chicken w/Rice, Lasagna, Cheeseburger, Pizza, Hot Pocket, Chicken Sandwiches, Chicken, Tenders (HS & JH), Honey Sriracha Bites (HS) Chicken Bites NA

26

Breakfast Taco Variety Lunch Entrees:

Beef Nachos, Chili Cheese Hot Dogs, Max Sticks, Pizza, Cheeseburger, Totally Tacos, Dill Chicken Bites (JH & NA), Steak Fingers, Mega Minis (HS)

27

Breakfast Pizza, or Sausage & Lunch Entrees:

Chopped BBQ Sandwich w/Chips, Meatball Sub w/Chips, Philly Steak Sub w/Chips (HS) Pizza, Crisпитos Cheeseburger, Max Sticks, Chicken Bites, Spicy Breaded Chicken (HS)

30

Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito

Lunch Entrees: Salisbury Steak, Chicken Fried Steak, Spicy Breaded Chicken (HS), Hot Wings (HS) Cheeseburger, Burrito, Pizza

31

Pancake On Stick or Breakfast Croissant Lunch Entrees:

Beef Tamales, Pepper Jack Enchiladas, Cheeseburger, Hot Pockets, Corn Dog, Chicken Bites, Pizza, Spicy Chicken Tenders

HAPPY NEW YEAR!

WELCOME BACK!

JAN

MENU 2023

GEAR UP FOR GYM



ANNOUNCEMENTS:

Every day all GISD students can eat a **FREE BREAKFAST AND A FREE LUNCH.**

BREAKFAST: Along with a daily breakfast entrée(s) of the day, assorted breakfast options may include but not limited to: donuts, concha, banana slice, honey buns, cereal bars, cereals, crackers, muffins, pop tart, yogurt, cheese sticks, fruit, fruit juice and FF Chocolate or 1% white milk available daily.

LUNCH: HS Double Cheeseburger available daily. Multiple daily lunch entrée choices, assorted vegetables, burger fixings, House Salad, fruits/fruit slush, fruit juice (HS), grains, sauces or gravies, FF Chocolate or 1% white milk and condiments are available daily. ***MENU SUBJECT TO CHANGE WITHOUT NOTICE***

Chicken Tenders



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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