

Gonzales High School – Gonzales Junior High – Gonzales North Avenue

MONDAY

TUESDAY

WEDNESDAY

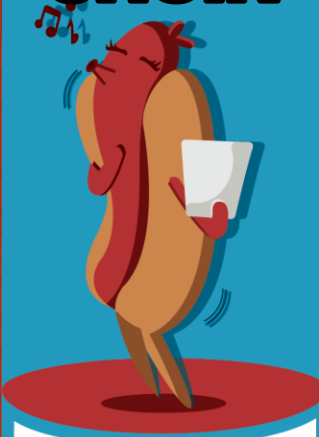
THURSDAY

FRIDAY

MAR

MENU 2023

GEAR UP FOR CHOIR



ANNOUNCEMENTS:

Every day all GISD students can eat a **FREE BREAKFAST AND A FREE LUNCH.**

BREAKFAST: Along with a daily breakfast entrée(s) of the day, assorted breakfast options may include but not limited to: donuts, concha, banana slice, honey buns, cereal bars, cereals, crackers, muffins, pop tart, yogurt, cheese sticks, fruit, fruit juice and FF Chocolate or 1% white milk available daily. HS Fridays - Super Slam

LUNCH: HS Double Cheeseburger available daily, JH & NA Fridays. Multiple daily lunch entrée choices, assorted vegetables, burger fixings, House Salad, fruits/fruit slush, fruit juice (HS), grains, sauces or gravies, FF Chocolate or 1% white milk and condiments are available daily. ***MENUS SUBJECT TO CHANGE WITHOUT NOTICE***

6 Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito

Lunch Entrees: Chicken Parmesan w/Ziti, Chicken Fried Steak, Spicy Breaded Chicken Hot Wings (HS), Hot Pocket, Pizza Cheeseburger, Burrito, Tenders

7 Pancake On A Stick, or Breakfast Croissant

Lunch Entrees: Beef Fajita Tacos, Totally Tacos Quesadillas, Pizza, Max Sticks, Cheeseburger, Hot Pocket, Bites, Spicy Tenders

8 Tamales or Xtreme Burrito

Lunch Entrees: Sweet & Sour Chicken w/Rice, Baked Potato w/Chopped BBQ, Cheeseburger, Pizza, Hot Pocket, Chicken Sandwiches, Chicken Tenders (HS & JH), Chicken Bites-NA

9 Breakfast Taco Variety

Lunch Entrees: Beef Nachos, Chicken Nachos, Chili Cheese Hot Dogs, Max Sticks, Pizza, Cheeseburger, Spicy Chicken Tenders, Chicken Bites, Steak Fingers, Spicy Tenders

10 Breakfast Pizza, or Sausage

Lunch Entrees: Chopped BBQ Sandwich w/Chips, Meatball Sub w/Chips, Fish Nuggets w/Chips, Philly Steak Sub w/Chips (HS) Pizza, Crispos Double Cheeseburger, Max Sticks, Chicken Bites, Spicy Tenders

13

14

15

SPRING BREAK

16

17

20 Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito

Lunch Entrees: Salisbury Steak, Chicken Fried Steak, Spicy Breaded Chicken, Hot Wings (HS), Hot Pocket (NA), Pizza, Burrito, Cheeseburger, Tenders

21 Pancake On Stick or Breakfast Croissant

Lunch Entrees: Beef Tamales, Pepper Jack Enchiladas, Cheeseburger, Hot Pockets, Corn Dog, Chicken Bites, Pizza, Spicy Chicken Tenders

22 Tamales or Xtreme Burrito

Lunch Entrees: Spaghetti w/Meatballs, Orange Chicken w/Rice, Cheeseburger, Pizza, Hot Pocket, Chicken Sandwiches, Chicken Nuggets, Spicy Chicken Tenders

23 Breakfast Taco Variety

Lunch Entrees: Beef Nachos, Pulled Pork Sandwich, Cheeseburger, Totally Tacos, Max Sticks (NA), Chicken Tenders, Spicy Chicken Tenders

24 Breakfast Pizza

Lunch Entrees: Shrimp Combo, Mango-Habanero Meatball Sub w/Chips, Philly Steak Sub w/Chips (HS) Pizza, Crispos Cheeseburger, Max Sticks, Chicken Bites

27 Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito

Lunch Entrees: Turkey w/Gravy, Chicken Fried Steak, Meatloaf (HS), Hot Wings, (HS) Burrito, Cheeseburger, Pizza, Chicken Tenders, Chicken Bites JH/NA

28 Pancake On Stick or Breakfast Croissant

Lunch Entrees: Crispy Beef Tacos, Beef Tamales, Cheeseburger, Hot Pockets, Pizza, Spicy Chicken Tenders, Chicken Bites

29 Tamales or French Toast Stks

Lunch Entrees: Spaghetti w/Meat Sauce, General Tso's w/Rice, Cheeseburger, Spicy & Regular Chicken Sandwiches, Pizza, Cheeseburger, Spicy & Regular Chicken Tenders, Chicken Bites

30 Breakfast Taco Variety

Lunch Entrees: Beef Nachos or Chicken Alfredo Cheeseburger, Totally Tacos, Max Sticks, Pizza, Hot Pockets (NA), Steak fingers (HS/JH), Spicy & Regular Tenders

31 Breakfast Pizza

Lunch Entrees: Fish On Bun w/Chips, Mango-Habanero Meatball Sub w/Chips, Philly Steak Sub w/Chips (HS) Pizza, Crispos Cheeseburger, Max Sticks, Chicken Bites



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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