

Gonzales High School – Gonzales Junior High – Gonzales North Avenue

MONDAY

TRY NEW *ENTREES*
DURING NATIONAL
SCHOOL LUNCH
WEEK OCT 10 – 14

TUESDAY

4 Pancake On A Stick, or
Assorted Breakfast Options
Lunch Entrees:
Tamales, Tostada, Chicken
Flatbread Quesadilla, Hot
Pocket, Cheeseburger, Max
Sticks, Corn Dog, Dill Chicken
Mega Mini Spicy (HS), Pizza

WEDNESDAY

5 French Toast Sticks, Sausage or
Assorted Breakfast Options
Lunch Entrees:
Lasagna, General Tso's or
Sweet & Sour Chicken w/Rice
Cheeseburger, Hot Pocket,
Chicken Bites, Chicken Sandwich,
Chicken Tenders, Honey Sriracha
(HS) Pizza

THURSDAY

6 Breakfast Taco Variety or
Assorted Breakfast Options
Lunch Entrees:
Beef or Chicken Nachos
Chili Cheese Hot Dogs
Cheeseburger, Max Sticks,
Tenders, Totally Tacos, Steak
Fingers, Mega Minis, Pizza

FRIDAY

7 Breakfast Pizza or Assorted
Breakfast Options
Lunch Entrees:
Pizza, Chicken & Cheese Sliders
w/Chip, Chopped BBQ/Chips
Cheeseburger, Crisпитos, Max
Sticks, Chicken Tenders, Chicken
Bites, Honey Sriracha (HS), Pizza

10 Pig In Blanket/Sausage
Wrap (HS) or Breakfast Burrito
Lunch Entrees:
Pork Chop or Chicken Fried Steak
Cheeseburger, Burrito, Hot
Wings (HS), Chicken Bites,
Chicken Tenders, Pizza

11 Pancake On A Stick or
Breakfast Croissant
Lunch Entrees:
Burrito Super Grande, Beef Tacos
Pizza, Cheeseburger, Hot Pocket,
Chicken Nuggets, Corn Dog

12 Tamales or French Toast
Sticks
Lunch Entrees:
Baked Potato or Orange Chicken
w/Rice, Cheeseburger, Pizza, Hot
Pocket, Chicken Sandwiches, Honey
Sriracha Chicken Bites

13 Breakfast Taco Variety
Lunch Entrees:
Beef Fajita Nachos, Chili Cheese Hot
Dogs (JH), Pizza, Cheeseburger,
Totally Tacos, Chicken Tenders,
Mega Minis (HS & JH)

14 Breakfast Pizza or
Sausage & Biscuit
Lunch Entrees:
Tortilla Crusted Tilapia, Meatball
Sub w/Chips, Pizza, Crisпитos
Cheeseburger, Max Sticks, Chicken
Bites, Mega Minis (HS & JH)

17 Pig In Blanket, Sausage
Wrap (HS) or Breakfast Burrito
Lunch Entrees:
Breaded Chicken, Chicken Fried
Steak, Cheeseburger, Hot Wings
(HS), Burrito, Chicken Nuggets,
Pizza, Chicken Sandwiches

18 Pancake On Stick or
Breakfast Croissant
Lunch Entrees:
Beef Tamales, Enchilada Casserole
Cheeseburger, Hot Pockets,
Chicken Bites, Pizza, Mega Minis
(HS & JH)

19 Tamales or French Toast
Sticks
Lunch Entrees:
Spaghetti, General Tso's w/Rice
Cheeseburger, Chicken
Sandwiches, Chicken Tenders,
Honey. Sriracha Chicken Bites

20 Breakfast Taco Variety
Lunch Entrees:
Nachos Beef or Chicken Alfredo
Cheeseburger, Totally Tacos, Max
Sticks, Pizza, Mega Minis (HS &
JH), Honey Sriracha Bites (NA)

21 Breakfast Pizza, or Sausage
& Biscuit
Lunch Entrees:
Grilled Ham & Cheese w/Chips
, Rib Sandwich/Chips, Pizza
Cheeseburger, Crisпитos, Max
Sticks, Chicken Bites, Subs (HS)

24 Pig In Blanket, Sausage
Wrap (HS) or Breakfast Burrito
Lunch Entrees:
Homemade Meatloaf Chicken
Fried Steak, Cheeseburger, Hot
Wings (HS), Burrito, Chicken
Bites, Chicken Tenders, Pizza

25 Pancake On A Stick, or
Breakfast Croissant
Lunch Entrees:
Taco Salad, Tacos (NA) Mini
Chicken Quesadillas, Pizza, Max
Sticks, Cheeseburger, Hot Pocket,
Sticks, Corn Dog, Chicken Nuggets

26 Tamales or French Toast
Sticks
Lunch Entrees:
Sweet & Sour Chicken w/Rice,
Lasagna, Cheeseburger, Pizza, Hot
Pocket, Chicken Sandwiches,
Chicken, Tenders, Honey Sriracha
(HS)

27 Breakfast Taco Variety
Lunch Entrees:
Beef or Chicken Nachos, Chili
Cheese Hot Dogs, Max Sticks, Pizza
Cheeseburger, Totally Tacos
Tacos, Steak Fingers,

28 Breakfast Pizza, or Sausage &
Biscuit
Lunch Entrees:
Philly Cheese Sloppy Joe, Fiesta
Chicken Burrito, Cheeseburger,
Crisпитos, Max Sticks, Chicken
Tenders, Chicken Bites, Honey
Sriracha (HS), Pizza

31 Pig In Blanket or Sausage
Wrap (HS) or Breakfast Burrito
Lunch Entrees:
BBQ Chicken, Chicken Fried Steak
Cheeseburger, Pizza, Bites, Burrito
Hot Wings (HS),

OCT

MENU 2022

GEAR UP FOR SWIM CLASS



ANNOUNCEMENTS:
Every day all GISD students can
eat a **FREE BREAKFAST AND A
FREE LUNCH.**

BREAKFAST: Along with a daily
breakfast entrée(s) of the day,
assorted breakfast options may
include but not limited to:
donuts, cereals, crackers,
muffins, pop tart, yogurt,
cheese sticks, fruit, fruit juice
and FF Chocolate or 1% white
milk available daily.

LUNCH: Along with multiple
lunch entrée choices, assorted
vegetables, burger fixings,
House Salad, fruits/fruit slush,
fruit juice (HS), grains, sauces
or gravies, FF Chocolate or 1%
white milk and condiments
are available daily.

***MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE***



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program



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www.SquareMeals.org