

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SEPT

MENU 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

Every day all GISD students can eat a **FREE BREAKFAST AND A FREE LUNCH.**

BREAKFAST: Along with a daily breakfast entrée of the day, assorted breakfast options may include but not limited to: donuts, cereals, crackers, muffins, pop tart, yogurt, cheese sticks, fruit, fruit juice and FF Chocolate or 1% white milk available daily.

LUNCH: Along with multiple lunch entrée choices, assorted vegetables, burger fixings, House Salad, fruits/fruit slush, fruit juice (HS), grains, sauces or gravies, FF Chocolate or 1% white milk and condiments are available daily.

MENUS SUBJECT TO CHANGE WITHOUT NOTICE



Updated 9/1/2022
www.SquareMeals.org

**Gonzales High School
Gonzales Junior High
Gonzales North Avenue**

**LABOR DAY
NO SCHOOL**

12 Pig In Blanket, Cereal or Assorted Breakfast Options
Lunch Entrees:
Chicken Fried Steak, Homemade Meatloaf, Cheeseburger, Hot Wings (HS), Burrito, Dill Chicken Bites, Chicken Bites, Chicken Tenders, Pizza

19 Pig In Blanket or Assorted Breakfast Options
Lunch Entrees:
Chicken Fried Steak, Turkey w/Gravy, Cheeseburger, Burrito, Hot Wings (HS), Dill Bites, Chicken Tenders, Pizza

26 Pig In Blanket,
Lunch Entrees:
Chicken Fried Steak, BBQ Chicken, Cheeseburger, Hot Wings, Burrito, Chicken Nuggets, Bites, Mega Mini

6 Pancake On A Stick or Assorted Breakfast Options
Lunch Entrees:
Beef Tamales, Enchilada Casserole Cheeseburger, Max Sticks, Chicken Nuggets, Dill Bites, Corn Dog, Chicken Tenders (HS), Pizza

13 Pancake On A Stick, or Assorted Breakfast Options
Lunch Entrees:
Tamales, Tostada Chicken Flatbread Quesadilla Cheeseburger, Hot Pocket, Max Sticks, Corn Dog, Dill Chicken, Mega Mini Spicy (HS), Pizza

20 Pancake On A Stick or Assorted Breakfast Options
Lunch Entrees:
Pizza, Pepper Jack Enchiladas Beef Tacos, Cheeseburger, Max Sticks, Hot Pocket, Dill Bites, Pizza Nuggets, Tenders, Mega Minis (HS)

27 Pancake On Stick
Lunch Entrees:
Beef Tamales, Enchilada Casserole Cheeseburger, Max Sticks, Chicken Nuggets, Dill Bites, Corn Dog, Pizza Chicken Tenders (HS), Hot Pocket

7 Maple Waffle Egg/Ham Flatbread or Assorted Breakfast Options
Lunch Entrees:
Spaghetti, General Tso's or Sweet & Sour Chicken w/Rice Cheeseburger, Chicken Bites, Chicken Sandwiches, Chicken Tenders, Pizza

14 French Toast Sticks, Sausage or Assorted Breakfast Options
Lunch Entrees:
Lasagna, General Tso's or Sweet & Sour Chicken w/Rice Cheeseburger, Hot Pocket, Chicken Bites, Chicken Sandwiches, Chicken Tenders, Honey Sriracha (HS) Pizza

21 Breakfast Croissant or Assorted Breakfast Options
Lunch Entrees:
Ravioli, General Tso's or Orange Chicken w/Rice, Cheeseburger, Pizza, Hot Pocket, Chicken Bites, Tenders, & Sandwiches, Honey Sriracha (HS)

28 French Toast Sticks
Lunch Entrees:
Spaghetti, General Tso's or Sweet & Sour Chicken w/Rice Cheeseburger, Chicken Bites, Pizza Tenders, Hot Pocket, H. Sriracha

1 Breakfast Taco Variety or Assorted Breakfast Options
Lunch Entrees:
Beef Nachos, Corn Dog (HS/NA) Chili Cheese Hot Dogs (JH) Cheeseburger, Chicken Nuggets Totally Tacos, Max Sticks (HS/NA), Steak Fingers, Tenders, Bites, Pizza

8 Breakfast Taco Variety or Assorted Breakfast Options
Lunch Entrees:
Nachos Beef of Chicken Chicken Alfredo Cheeseburger, Totally Tacos, Pizza Dill Bites, Mega Mini Spicy (HS) Steak Fingers, Nuggets (JH/NA)

15 Breakfast Taco Variety or Assorted Breakfast Options
Lunch Entrees:
Beef or Chicken Nachos Chili Cheese Hot Dogs Cheeseburger, Max Sticks, Tenders, Totally Tacos, Steak Fingers, Mega Minis, Pizza

22 Breakfast Taco Variety or Assorted Breakfast Options
Lunch Entrees:
Beef Nachos, Corn Dog (HS/NA) Chili Cheese Hot Dogs (JH), Nuggets Cheeseburger, Totally Tacos, Max Sticks (HS/NA), Steak Fingers, Pizza Tenders, Mega Minis

29 Breakfast Taco Variety
Lunch Entrees:
Nachos Beef of Chicken Chicken Alfredo Cheeseburger, Totally Tacos, Pizza Bites, Mega Mini Spicy (HS)

2 Breakfast Pizza or Assorted Breakfast Options
Lunch Entrees:
Pizza, Maple Waffle Grilled Meatball Sub w/Chips Cheeseburger, Crisпитos Max Sticks, Chicken Tenders (HS), Chicken Bites, Chicken Nuggets

9 Breakfast Pizza, Cereal or Assorted Breakfast Options
Lunch Entrees:
Grilled Ham & Cheese w/Chips, Rib Sandwich/Chips Cheeseburger, Crisпитos Max Sticks, Tenders, Chicken Nuggets, Chicken Bites, Pizza

16 Breakfast Pizza or Assorted Breakfast Options
Lunch Entrees:
Pizza, Chicken & Cheese Sliders w/Chip, Chopped BBQ/Chips Cheeseburger, Crisпитos, Max Sticks, Chicken Tenders, Chicken Bites, Honey Sriracha (HS), Pizza

23 Breakfast Pizza or Assorted Breakfast Options
Lunch Entrees:
Pizza, Maple Waffle Grilled Meatball Sub w/Chips Cheeseburger, Crisпитos Max Sticks, Chicken Tenders (HS), Chicken Bites, Chicken Nuggets

NO SCHOOL



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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