

# Gonzales High School – Gonzales Junior High

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1 Pancake On A Stick or Breakfast Croissant  
**Lunch Entrees:**  
Burrito Super Grande, Beef Tacos, Pizza, Cheeseburger, Hot Pocket, Chicken Nuggets, Corn Dog

2 Tamales or French Toast Sticks  
**Lunch Entrees:**  
Baked Potato or Orange Chicken w/Rice, Cheeseburger, Pizza, Hot Pocket, Chicken Sandwiches, Honey Sriracha Chicken Bites

4 Breakfast Taco Variety  
**Lunch Entrees:**  
Beef Nachos, Hot Dogs w/Chili Cheese, Pizza, Cheeseburger, Totally Tacos, Chicken Tenders, Mega Minis (HS & JH)

5 Breakfast Pizza or Sausage & Biscuit  
**Lunch Entrees:**  
Meatball Sub w/Chips, Fiesta Ranch Chicken Burrito, Pizza, Crisпитos Cheeseburger, Max Sticks, Chicken Bites, Mega Minis (HS & JH)

7 Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito  
**Lunch Entrees:**  
Breaded Chicken, Chicken Fried Steak, Cheeseburger, Hot Wings (HS), Burrito, Chicken Nuggets, Pizza, Chicken Sandwiches

8 Pancake On Stick or Breakfast Croissant  
**Lunch Entrees:**  
Beef Tamales, Enchilada Casserole Cheeseburger, Hot Pockets, Chicken Bites, Pizza, Mega Minis (HS & JH)

9 Tamales or French Toast Sticks  
**Lunch Entrees:**  
Spaghetti, General Tso's w/Rice Cheeseburger, Chicken Sandwiches, Chicken Tenders, Honey. Sriracha Chicken Bites

10 Breakfast Taco Variety  
**Lunch Entrees:**  
Beef Nachos or Chicken Alfredo Cheeseburger, Totally Tacos, Max Sticks, Pizza, Mega Minis (HS & JH), Honey Sriracha Bites (NA)

11 Breakfast Pizza, or Sausage & Biscuit  
**Lunch Entrees:**  
Grilled Ham & Cheese w/Chips, Rib Sandwich/Chips, Pizza Cheeseburger, Crisпитos, Max Sticks, Chicken Bites, Subs (HS)

14 Pig In Blanket, Sausage Wrap (HS) or Breakfast Burrito  
**Lunch Entrees:**  
Homemade Meatloaf Chicken Fried Steak, Cheeseburger, Hot Wings (HS), Burrito, Chicken Bites, Chicken Tenders, Pizza

15 Pancake On A Stick, or Breakfast Croissant  
**Lunch Entrees:**  
Taco Salad, Mini Chicken Quesadillas, Pizza, Max Sticks, Cheeseburger, Hot Pocket, Corn Dog, Chicken Nuggets

16 Tamales or French Toast Sticks  
**Lunch Entrees:**  
Sweet & Sour Chicken w/Rice, Lasagna, Cheeseburger, Pizza, Hot Pocket, Chicken Sandwiches, Chicken, Tenders, Honey Sriracha (HS)

17 Breakfast Taco Variety  
**Lunch Entrees:**  
Thanksgiving Meal Chicken Bites Cheeseburger Pizza

18 Breakfast Pizza, or Sausage & Biscuit  
**Lunch Entrees:**  
Philly Cheese Sloppy Joe, Fiesta Chicken Burrito, Cheeseburger, Crisпитos, Max Sticks, Chicken Tenders, Chicken Bites, Honey Sriracha (HS), Pizza

Thanksgiving Meal  
Nov 17th

Happy  
Thanksgiving

28 Pig In Blanket or Sausage Wrap (HS) or Breakfast Burrito  
**Lunch Entrees:**  
Salisbury Steak, Chicken Fried Steak, Cheeseburger, Pizza, Mega Bites, Burrito, Hot Wings (HS)

29 Pancake On A Stick or Breakfast Croissant  
**Lunch Entrees:**  
Beef Picadillo Enchiladas, Chicken Tomatillo Tamales, Pizza, Corn Dog Cheeseburger, Hot Pocket, Nuggets

30 Tamales or French Toast Sticks  
**Lunch Entrees:**  
Chopped BBQ Baked Potato or Orange Chicken w/Rice, Pizza Cheeseburger, Hot Pocket, Chicken Sandwiches, Honey Sriracha Bites

# NOV

## MENU 2022

### GEAR UP FOR TURKEY TROT

#### MARATHON



**ANNOUNCEMENTS:**  
Every day all GISD students can eat a **FREE BREAKFAST AND A FREE LUNCH.**

**BREAKFAST:** Along with a daily breakfast entrée(s) of the day, assorted breakfast options may include but not limited to: donuts, cereals, crackers, muffins, pop tart, yogurt, cheese sticks, fruit, fruit juice and FF Chocolate or 1% white milk available daily.

**LUNCH:** Along with multiple lunch entrée choices, assorted vegetables, burger fixings, House Salad, fruits/fruit slush, fruit juice (HS), grains, sauces or gravies, FF Chocolate or 1% white milk and condiments are available daily.

\*\*\*MENU SUBJECT TO  
CHANGE WITHOUT NOTICE\*\*\*



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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[www.SquareMeals.org](http://www.SquareMeals.org)