

October 2024 | GONZALES HIGH SCHOOL & JUNIOR HIGH



Announcements:

Every day all GISD students can eat a **FREE BREAKFAST AND A FREE LUNCH**. **BREAKFAST:** Breakfast is served in the **CLASSROOM**. Daily grain entrée options, fruit, fruit cups and or fruit juice, FF Chocolate or 1% white milk available daily. **LUNCH is served in the CAFETERIA**. Multiple daily Main Line lunch entrée choices, multiple snack line entrees, vegetables, (HS), grains, sauces, burger fixings, house side salad, fruits/fruit slush, fruit juice s or gravies, FF Chocolate or 1% white milk and condiments are available daily. Seasonal fruits may be offered. **New Item: Egg Rolls, Stuff Crust Pizza, Garlic Knot.**

CELEBRATE NATIONAL SCHOOL LUNCH WEEK OCT 14TH – 18TH WITH SPECIAL ENTREES

*****HS/JH MENUS MAY VARY AND ARE SUBJECT TO CHANGE WITHOUT NOTICE*****

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French Toast & Options Lunch Entrees: Taco Pasta, Beef Tamales, Pizza, Max Sticks, Cheeseburger, Pull Aparts, Corn Dog, Chicken Nuggets, Popcorn Chicken	2 Pancake On Stick & Options Lunch Entrees: Orange Chicken w/Rice, Spaghetti w/Meat Sauce, Cheesy Bread Stick, Pizza, Chicken Sandwich, Spicy Tenders, Cheeseburger	3 BK Pizza & Options Lunch Entrees: Beef Nachos, Hot Dog, Cheeseburger, Max Sticks, Chicken Tenders, Dill Chunks, Steak Fingers	4 NO SCHOOL
7 NO SCHOOL	8 French Toast & Options Lunch Entrees: Enchilada Casserole, Burrito Grande, Pizza, Max Sticks, Cheeseburger, Pull Aparts, Corn Dog, Assorted Chicken	9 Pancake On Stick & Options Lunch Entrees: Sweet & Sour Chicken w/Rice, Chicken Parmesan, Pizza, Chicken Sandwich, Cheeseburger	10 BK Pizza & Options Lunch Entrees: Beef Nachos, Chicken Alfredo, Cheeseburger, Max Sticks, Chicken Tenders, Steakfingers	11 Waffles w/Fruit & Options SACK LUNCH EARLY RELEASE
14 Pig In Blanket & Options Lunch Entrees: Chicken Dumplings, Meatloaf, Steak Fingers, Crisпитos, Pizza, Hot Pocket, Corn Dog, Cheeseburger, Nuggets	15 French Toast & Options Lunch Entrees: Cheese Enchiladas, Chicken Quesadilla, Stuff Crust Pizza, Max Sticks, Cheesy Pull-Aparts, Cheeseburger, Corn Dog, Nuggets, Bites	16 Pancake On Stick & Options Lunch Entrees: Beef & Broccoli, General Tso's w/ Rice, Egg Roll, Lasagna, Garlic Knot, Pizza, Chicken Sandwich, Cheeseburger. Chix Bites	17 BK Pizza & Options Lunch Entrees: Walking Nachos, Beef Quesadilla, Max Sticks, Egg Rolls, Pizza, Cheeseburger, Steak Fingers, Chicken Bites, Tender, Dill Bites,	18 Waffles w/Fruit & Options Lunch Entrees: Brisket Baked Potato, Chopped BBQ Sandwich, Pizza, Max Sticks, Cheeseburger, Crisпитos, General TSO's
21 NO SCHOOL	22 French Toast & Options Lunch Entrees: Taco Pasta, Beef Tamales, Stuff Crust Pizza, Max Sticks, Cheeseburger, Pull Aparts, Corn Dog, Chicken Nuggets, Popcorn Chicken	23 Pancake On Stick & Options Lunch Entrees: Orange Chicken w/Rice, Egg Roll, Spaghetti w/Meat Sauce, Garlic Cheesy Stick Pizza, Chicken Sandwich, Spicy Tenders, Cheeseburger,	24 BK Pizza & Options Lunch Entrees: Beef Nachos, Hot Dog, Cheeseburger, Egg Rolls, Max Sticks, Chicken Tenders, Dill Chunks, Steak Fingers	25 Waffles w/Fruit & Options SACK LUNCH EARLY RELEASE
28 Pig In Blanket & Options Lunch Entrees: BBQ Chicken, Steakfingers, Philly Cheese Sloppy Joes, Pizza, Cheeseburger, Hot Pocket, Crisпитos, Corn Dog, Pocket, Assorted Chicken	29 French Toast & Options Lunch Entrees: Enchilada Casserole, Burrito Grande, Stuff Crust Pizza, Max Sticks, Pull Aparts, Cheeseburger, Corn Dog, Asst. Chicken	30 Pancake On Stick & Options Lunch Entrees: Sweet & Sour Chicken w/Rice, Egg Roll, Chicken Parmesan,, Pizza, Chicken Sandwich, Cheeseburger, Assorted Chicken	31 BK Pizza & Options Lunch Entrees: Beef Nachos, Chicken Alfredo, Egg Rolls, Max Sticks, Cheeseburger, Steakfingers, Assorted Chicken	Apples Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States



Food and Nutrition Division
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TEXAS DEPARTMENT OF AGRICULTURE
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National School Lunch Program